

The Smugglers Rest

Breakfast menu

Full English

Bacon, sausage, egg, tomato, mushrooms, black pudding, beans, bubble and squeak, toast

Full Veggie

Veggie sausage, egg, mushroom, tomato, bubble and squeak

Toasted sourdough & poached eggs

Add bacon

Smoked salmon

Roast cherry tomatoes & Feta

Smoked haddock omelette

Spinach, cheddar, sourdough toast

Breakfast pancakes

Fresh berries & greek yoghurt

Mango & banana smoothie bowl

Oat granola

Fresh berries, Greek yoghurt

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